

Riding the Respite Wave: Sustaining the Momentum

Lifespan Respite Summit, March 9, 2016

Roundtable Discussion Results

1. How do we make respite a priority for family caregivers in Montana? The federal grant expires September 2017. Brainstorm major goals or next steps for program sustainability (Local & national grants, foundations, state funding, Legislative respite bill, education, other ideas?).

**Explain and educate on the word respite

Invite governor to events

Caregivers knowing that they are a caregiver

Ideas from other states

Educate on home care option

**Educate on need for respite

Common terminology

Unified desire for legislature

Educate on where to find what is needed

Talk to legislatures

VISTA Volunteer – find grants

Use personal stories

Educate Medical Providers

Hire a part time staff to work on sustainability

Caregiver co-ops

Statewide fundraising

Volunteer opportunities

More PSA's at no cost

Make it affordable

Show where the money is going

Meeting between Oppor/Governor

Keep coalition alive and include more caregivers

Respite earlier

Talk to support groups

Show program growth

Expand caregiver support groups

****Mentioned more than once**

**Write grants

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2. What should the role of the Respite Coalition be in the Lifespan Respite program or in helping to sustain coordinated respite services in the state once federal funds are expended? (i.e. change in structure, committees, provider participation, educational opportunities, etc.)

Break into regions for meeting

Cost share is unique

Fund only voucher program – not other items

May need to partner with other groups

Sustain education of need

Don't let the "respite" conversation go away – Keep talking about it.

Coalition will maintain the network

Target all age groups

*Caregiver blog

Media Liaison – More news reporting in all of our areas

Find the media personality that can relate to caregiving

Regional forums – (Churches, Sr. Centers)

"Run for Respite" Awareness

Event/fundraiser– or similar could do regionally or statewide